DANVERS COMMUNITY YMCA
PROGRAM AND CAMP GUIDE

Adventure Camp
Stiles Pond Day Camp
Specialty Camps
Fitness & Aquatic Programs
Special Events
Summer Fun For Everyone

BEST SUMMER EVER!

STRONG SWIMMERS, CONFIDENT KIDS. Swim lessons start May 29!

DANVERS COMMUNITY YMCA
34 Pickering Street
Danvers, MA 01923
Phone-978-774-2055
Fax-978-750-4457
www.danversymca.org

2018 SPRING & SUMMER
STAFF DIRECTORY

CEO
John M. Somes, jsomes@danversymca.org

President, Board of Directors
Michael Grandmaison, mgrandmaison@danversymca.org

Membership Director
Meredith D. Anderson, manderson@danversymca.org

Health & Fitness Director
Debra J. Barrowclough, dbarrowclough@danversymca.org

Youth & Family Director
Joe Pauline, jpauline@danversymca.org

Aquatic Director
Colleen DiFelice, cdifelice@danversymca.org

Community Outreach Director
Suzanne Malach, smalach@danversymca.org

Administrative Assistant
Marianne Britton, mbritton@danversymca.org

Stiles Pond Camp Director
Mark Svendsen, msvendsen@danversymca.org

We are happy to assist you with any questions: 978-774-2055

STILES POND DAY CAMP
8 weeks of fun on 17 wooded acres and a lifetime of memories! A classic waterfront camp located on Stiles Pond in Boxford. Each week is full of outdoor activities including swimming, nature, science, hikes, sports, arts & crafts, fishing, and boating.

ADVENTURE CAMP AT THE Y
10 weeks of themed adventures; It’s our most flexible program to fit your schedule and budget. Each day includes games, sports, nature study, crafts, and cooling off in the pool. Optional field trips are unique to this program held at the Danvers Community Y.

Registration is now open and forms available online: www.danversymca.org

HOURS

Spring Hours:
Now—June 24, 2018
Monday—Friday: 5:30 AM-10:00 PM
Saturday: 7:00 AM–8:00 PM
Sunday: 9:00 AM–4:00 PM

Summer Hours:
June 25—Sept. 2, 2018
Monday—Friday: 5:30 AM-10:00 PM
Saturday: 7:00 AM–4:00 PM
CLOSED SUNDAYS
OUR MISSION
The mission of the Danvers Community YMCA is to provide facilities and programs which promote good health, strong kids and strong families in an environment filled with good, moral and ethical values based on the YMCA’s Christian principles and traditions.

YMCA FOCUS
The Y is a non-profit that focuses on three key areas that are fundamental to strengthening communities: For Youth Development, nurturing the potential of kids; For Healthy Living, helping people live healthier lives; and supporting our neighbors, For Social Responsibility.

Y Membership & the Membership Advantage
It is not necessary to be a member of the DANVERS COMMUNITY YMCA to utilize our facility or programs. However, being a member is an opportunity to be part of an active and involved community organization. Members also save money on programs, lessons & camp fees; no contracts to sign; and open access to a variety of free seminars and activities.

*Joiners Fee may apply.

<table>
<thead>
<tr>
<th>Membership Category</th>
<th>Fee Details</th>
</tr>
</thead>
<tbody>
<tr>
<td>Preschool Membership</td>
<td>$70.00 annually</td>
</tr>
<tr>
<td>Youth Membership Ages 6-13</td>
<td>$125.00 annually</td>
</tr>
<tr>
<td>Teen 14-17</td>
<td>$18.00 monthly*</td>
</tr>
<tr>
<td>Young Adult 18-21</td>
<td>$29.50 monthly*</td>
</tr>
<tr>
<td>Family 1 Adult</td>
<td>$54.00 monthly*</td>
</tr>
<tr>
<td>Family 2 Adult</td>
<td>$68.00 monthly*</td>
</tr>
<tr>
<td>Adult 22-64</td>
<td>$35.00 monthly*</td>
</tr>
<tr>
<td>2 Adult Couple</td>
<td>$59.50 monthly*</td>
</tr>
<tr>
<td>Senior 65+</td>
<td>$30.50 monthly*</td>
</tr>
<tr>
<td>Senior Couple</td>
<td>$49.50 monthly*</td>
</tr>
</tbody>
</table>

Do you work for the town or own a business in one of the communities we serve? Call our membership director to learn more about our corporate membership program. Families come in all sizes, please call for more options.

Registration Options for Programs or Camps
Registration for programs and membership can be done online or calling the Y. Camp registrations MUST be mailed, faxed, or come in and register at Danvers Community YMCA, 34 Pickering Street, Danvers, MA 01923. Camp Forms are available online. www.danversymca.org, FAX#: 978-750-4457.

Celebrate a Birthday, Scouting Event, or Special Occasion
Enjoy your festivities or special program at the Danvers Y. Booking an event includes use of pool or gym and a party room following activity time to enjoy snacks, pizza or cake. Please call for availability and details.

Babysitting (Free with Family Memberships)
Offered weekday mornings from 8:15-11:15 am., Monday-Friday. Parents/Guardians must remain in building while the child is with the sitter.

Fee: FREE for those with family memberships
Others- $3.00 per visit (1st Child), $2.00 for each additional child

Financial Assistance
Y programs are for everyone, regardless of income. To strengthen community, it is the policy of the Danvers Y to provide services within the limits of our resources to families in Boxford, Danvers, Middleton, and Topsfield regardless of their ability to pay the full program fee. Subsidies are available thanks to the generous support of our Annual Fund Campaign donors, service club sponsorship, and through fundraising events held throughout the year.

Please contact the Y at 978-774-2055 and ask for our membership director for a confidential financial assistance application. Applications may take up to two weeks for processing.

TABLE OF CONTENTS
| General Information                  | Pg. 2-3         | Swim Lessons & Safety Courses | Pg. 13 |
| Summer Camps & Programs             | Pg. 4-9         | Adult Fitness Programs        | Pg. 14 |
| Summer Camp Forms                   | Pg. 10-12       | Special Events Calendar       | Pg. 15 |
Adventure Camp is held at the Danvers YMCA where children will play outdoor games in our large field, get creative with S.T.E.M. or crafts, dig into the new vegetable garden, enjoy sports in the indoor gym, and cool off with water fun in the pool. Campers are grouped by age. Field Trips are optional and staff will stay behind to offer programs to those who choose not to participate.

**CAMP HOURS:** Monday-Friday, 9:00 am-4:00 pm

**HALF-DAY OPTION (4 & 5 year olds only):** 9:00 am-1:00 pm
Perfect introduction to summer camp for young ones if you feel a full day is too long.

**BEFORE AND AFTER CAMP CARE:** 7:30-9:00 AM and 4:00-6:00 PM
Campers MUST be pre-registered for this service on the Camp Enrollment Form at time of registration.

**ADVENTURE CAMP FEES:**
Deposits due at time of registration; final payments due Friday before each camp week.
*There is a $10 discount on 3rd week or more (only applies to Full 5-day registrations).

**Full Day:**
- 2 days/week: $124/wk Member $152/wk Community
- 3 days/week: $158/wk Member $187/wk Community
- 4 days/week: $190/wk Member $224/wk Community
- *5 days/week: $220/wk Member $255/wk Community

**Half Day: 4 & 5 year olds only**
- 2 days/week: $ 87/wk Member $112/wk Community
- 3 days/week: $109/wk Member $133/wk Community
- 4 days/week: $137/wk Member $161/wk Community
- 5 days/week: $155/wk Member $175/wk Community

**Before Care (BC) and After Care (AC):**
BC- $7/day or $30/week  AC- $7/day or $30/week

**REGISTRATION FORMS AVAILABLE ONLINE:**
www.danversymca.org

**DANVERS Y**
34 Pickering Street
Danvers, 01923
978-774-2055

SPECIAL FREE MOVIE PRODUCTION WEDNESDAYS
Available on first sign-up basis each week for campers ages 9+
Hosted by STONE-HEARTH CAPITAL MGMT. and DCAT

10 themed adventure weeks of action-packed activities. This is our most flexible program for children to enjoy a few days of camp or all week long. Includes optional weekly field trips too.
DATES AND THEMES:

WEEK 1
June 25-29
Wacky Welcome

WEEK 2
July 2– 6 (No camp July 4th)
Awesome Animal Week

WEEK 3
July 9- 13
Under the Sea

WEEK 4
July 16-20
Superheroes!

WEEK 5
July 23-27
Pirate’s Life

WEEK 6
July 30-August 3
Celebrity Week

WEEK 7
August 6-10
Time Travel

WEEK 8
August 13-17
Survivor

WEEK 9
August 20-24
Revenge of the Campers

WEEK 10
August 27-August 31
Summer’s End Celebration

PAYMENT AND POLICIES:

A non-refundable $25.00 deposit per week, per child, must accompany each enrollment form, and will be credited towards the balance.

CHANGES: All changes to camper’s schedule must be received in writing, 5 Days prior to requested change. It is important to realize that requested changes MAY NOT always be accommodated due to licensing restrictions.

No credits are given due to camper absences.

LATE PAYMENTS: A late payment fee of $15.00 per camper is assessed if payment is not received before the 1st day of scheduled camp week.

LATE DROP-OFF/PICK-UP: Campers must be dropped off no later than 9am to participate in field trips. Campers not picked up by 4:00 pm will be sent to the After-Camp Program and the parent/guardian will be charged the daily extended care fee.

QUESTIONS ON ADVENTURE CAMP?

Contact:
Joe Pauline, Youth & Family Director
jpauline@danversymca.org
978-774-2055
Classic weeklong camp experience at the Danvers YMCA’s 17 wooded acres in Boxford that includes swimming, boating, archery, games, nature and science, arts and crafts, fishing, hiking and more! The location includes a large sports field, basketball courts, activity areas, two air-conditioned buildings for art & crafts, rainy day activities, a snack-shack, and many fun areas to explore and activities to try.

**CAMP HOURS:** 8:45 am-3:45 pm, Monday-Friday,

**BEFORE AND AFTER CAMP CARE (located at the Danvers YMCA, 34 Pickering St.):** 7:30-8:00 AM and 4:00-6:00 PM

Campers MUST be pre-registered for this service on the Summer Camp Enrollment Form at time of registration.

**STILES POND CAMP FEES:**
Deposits due at time of registration; final payments due Friday before each camp week.
*There is a $10 discount on 3rd week or more.*

- **Each Week:**
  - Member: $230/wk
  - Community: $265/wk

- **Before Care (BC) and After Care (AC):**
  - BC: $3/day or $15/week
  - AC: $7/day or $30/week

**FREE TRANSPORTATION!**
Available from several stops in Boxford, Danvers, Middleton, & Topsfield. Space is limited, so enroll early. Please refer to bus schedule and policies online.

**REGISTRATION FORMS AVAILABLE ONLINE:** [www.danversymca.org](http://www.danversymca.org)

**DANVERS YMCA, 34 Pickering Street, Danvers, 01923 978-774-2055**
DATES AND THEMES:

**WEEK 1**
June 25-29
Medieval Week

**WEEK 2**
July 2– 6 (Prorated for no camp on Wed., July 4th)
Stars!

**WEEK 3**
July 9- 13
Survivor Week

**WEEK 4**
July 16-20
Mission Impossible

**WEEK 5**
July 23-27
Atlantis Week

**WEEK 6**
July 30-August 3
Olympics

**WEEK 7**
August 6-10
Decades Week

**WEEK 8**
August 13-17
Carnival Week

PAYMENT AND POLICIES:

A non-refundable $25.00 deposit per week, per child, must accompany each enrollment form, and will be credited towards the balance.

LATE PAYMENTS: A late payment fee of $15.00 per camper is assessed if payment is not received before the 1st day of scheduled camp week.

DROP-OFF/PICK-UP AT STILES:
For campers not taking the bus, drop-off is 8:45am, and must be picked up by 3:45.

QUESTIONS ON STILES POND DAY CAMP?
Contact:
Mark Svendsen, Stiles Pond Day Camp Director
msvendsen@danversymca.org
978-352-2366 (Stiles Pond Camp phone– summer only)
Camp Address: 4A Stiles Pond Road, Boxford

JOIN US FOR CAMPER FUN NIGHTS!
The DANVERS YMCA’s Counselor-in-Training Programs provide leadership opportunities working side-by-side with counselors, encouraging teens to become responsible leaders, as well as productive members of their community. The focus is on leadership and teamwork, as well as offering a worthwhile personal challenge for campers.

**C.I.T.– Ages 13 through 14**

Our Counselor-In-Training program offers young teen campers the unique opportunity during the morning session of camp to learn more about helping others while developing leadership skills. This training program is about service, but it’s also about fun!

**FEE:** Pay as regular campers.

**Junior Counselor– Ages 15**

Teens may apply for Jr. Counselor positions and receive volunteer hours for school. It is helpful to have previous CIT experience with one of the Danvers Y camps. Space is limited, applications are required, training will also be provided.

If interested please email:
Stiles Pond:  msvendsen@danversymca.org
Danvers Y:    jpauline@danversymca.org

**FEE:** Accepted applicants come to camp free.

**Scholarship Assistance for Camp**

Financial assistance is available to ease the cost of camp for those in need. Please refer to our Financial Assistance information on our website under SCHEDULES & FORMS. If you have any questions please contact our membership office, 978-774-2055.
2018 SPECIALTY SUMMER PROGRAMS

JUNIOR GOLF PROGRAM WITH PGA PRO, CHRIS COSTA
HELD AT MIDDLETON GOLF COURSE—Limited to 10 participants, clubs included.

Ages: 8-13
Place: Middleton Golf Course
   105 S. Main Street, Middleton
Date: July 30-August 1 (M-W)
Time: 8:30 am to 10:30 am (arrive at 8:15 at club house.)
Cost: $160 member, $180 community
Parents must provide transportation to and from the golf course.
Lessons will focus on a variety of skills including rules and etiquette, both short and long game, putting, chipping, full swing, grip and stance.

(Make-up due to weather held on Thursday, August 2—subject to change.)

MOUNTAIN BIKE CAMP w/Adventure Ad-On!
Limited to 10 participants. Bike must have hand brakes; rider needs helmet and comfortable bike handling skills.

Ages: 11-15
Place: Stiles Pond, Boxford
Date: July 16 and 17
   Monday, Tuesday
Time: 9:30 to 1:00 pm
Cost: $75 member, $85 community
Don’t miss the add on Wed. at Highlands Mtn. Bike Park!
Parents must provide transportation to and from Stiles Pond Day Camp: 4A Stiles Pond Road, Boxford Except on Wed.
Campers will practice progressive mountain biking skills and riding techniques each day, as well as learning helpful bike maintenance, and safe trail usage.

(Make-up due to weather held on Friday, July 20—subject to change)

MOUNTAIN BIKE ADVENTURE AT HIGHLANDS MOUNTAIN BIKE PARK IN NH!
Wednesday, July 18 (9am-4pm)
Ages: 11-15
Cost: All-inclusive Package is $149– Member/
   $159– Community
   $75– Experience Rider Pass* see below
All-inclusive price includes full gear and bike, one hour lesson with pro instructor and mountain pass to mountain bike park. Lunch provided but kids should bring snacks, water, etc.
A complete information packet will be provided upon registration. Medical release forms must be completed prior to start. Due to bus requirements, must have minimum of 10 registrants to run.
Bus leaves from and returns to Danvers YMCA.

* EXPERIENCED RIDER PASS! FEE: $75
Are you part of a school or club mtn. bike team? Catch a ride on the Y bus and enjoy a day at the park. Must bring your own suspension bike and gear. Limited reg.
BUS STOPs: Please enter STOP & BUS # on camp application.

Bus #1 (Approx. Times) Pick Up Drop Off

Danvers:
YMCA: 7:55 am 4:34 pm
Pepe's Landing: 8:00 am 4:30 pm
Walgreen's Parking Lot: 8:03 am 4:27 pm
Collins/Robin's Way: 8:09 am 4:21 pm
Center/Watson Plwy: 8:13 am 4:17 pm

Bus #2 (Approx. Times) Pick Up Drop Off

Danvers:
YMCA: 7:55 am 4:35 pm
DHS Tennis Courts: 8:00 am 4:29 pm
Popular/Treks St.: 8:05 am 4:24 pm
Forrest/Maple: 8:08 am 4:21 pm
Sumner/North: 8:12 am 4:17 pm

Middleton:
Richardson's Dairy: 8:20 am 4:10 pm
Howe Manning School: 8:24 am 4:06 pm
East/Locust Street: 8:30 am 4:00 pm
Boxford:
Coul School: 8:41 am 3:49 pm
AARV Stiles Pond Camp: 8:45 am 3:45 pm

PAYMENT OPTIONS: Cash Check (Payable to Danvers YMCA) include campers name on check.)
Credit Card (see below) Please check if your child has an active voucher

CREDIT CARD PAYMENT (CHECK ONE): MasterCard VISA American Express Discover

Name on card (Print Clearly):

Credit Card #: Expiration Date: CVS:

Street Address: City: Zip Code:

Charge: Deposit(s) Full Balance: Charge Balance due 1 Week Prior to Session: YES NO

Signature: Date:

BILLING POLICIES- Please note late fees.

1) There is a non-refundable, non-transferable deposit of $25 PER WEEK, PER CAMPER to reserve spot; this fee is applied to the total balance due for each session.

2) Changes in enrollment MUST be received in writing 7 days PRIOR to the requested change. Please note that we will make every effort to accommodate, but may not always due to licensing restrictions. There may be a $5 administrative fee.

3) Late Fees: A $15 late fee will be charged for payments received after the first day of scheduled camp session.

4) If balance is not paid in full the Friday prior to the session, the YMCA reserves the right to cancel the registration. If a camp enrollment is cancelled due to non-payment, the $25 deposit fee for that session is forfeited.

5) If an account has been in collection with the YMCA (including an outstanding balance in another YMCA program), it must be paid in full upon registration. Money order, cash, or credit card only.

6) If an enrollment is cancelled due to behavioral issues, the YMCA reserves the right to retain camp fees for the current session.

7) There will not be any refunds after the first day of the session.

8) The YMCA does not pro-rate fees or reimburse due to missed days by campers.

I have read, fully understand, and agree to the DANVERS YMCA’S Summer Camp Billing Policies.

Parent/Guardian signature: Date:

A completed enrollment packet, physical (within the last 2 years) and immunization records MUST be submitted prior to your child’s start date.

CAMP STAFF AND LICENSING

All camp staff are well trained to provide the best experience and safe environment for campers, pass a child abuse awareness program, pass criminal background checks and hold valid CPR/First Aid/AED certificates. These camps must comply with regulations of the Massachusetts Department of Public Health and be licensed by the local board of health. Parents may request copies of YMCA’s policies for background checks, health care and discipline policies as well as procedures for filing grievances.

Please email any request to HR/Administrative Asst. Marianne Britton, mbrinton@danversymca.org
DANVERS YMCA CAMP ENROLLMENT FORM

Camper: ___________________________ Birth Date: ___________ Age: ________ Gender: ________
Grade Entering in Sept. 2018: ______ Email: ___________________________
Address: ___________________________ Town: ___________ Zip: ___________
Danvers Y Member: Yes ______ No ______ C.I.T. PROGRAM: Yes ______ No ______
Parent/Guardian Name: ___________________________ Cell #: ___________________________
Parent/Guardian Name: ___________________________ Cell #: ___________________________

STILES POND DAY CAMP
Located in Boxford
Camp Hours: 8:45am - 3:45pm

Rates:
Member - $230
Community - $265

Weeks: Please Circle Weeks
WK 1 WK 2 WK 3 WK 4 WK 5 WK 6 WK 7 WK 8

Y Staff- Mark if deposit pd. (x)

ADVENTURE CAMP
Located @ Danvers YMCA
Camp Hours: 9:00am - 4:00pm

Check off week below and circle days attending camp.
Select: Full Day _____ or 1/2 Day _____ (9:00am-1:00pm, ages 4-5 only)

<table>
<thead>
<tr>
<th>Rates</th>
<th>Member</th>
<th>Non-member</th>
</tr>
</thead>
<tbody>
<tr>
<td>2 day</td>
<td>$124</td>
<td>$152</td>
</tr>
<tr>
<td>3 day</td>
<td>$158</td>
<td>$187</td>
</tr>
<tr>
<td>4 day</td>
<td>$190</td>
<td>$224</td>
</tr>
<tr>
<td>5 day</td>
<td>$220</td>
<td>$255</td>
</tr>
</tbody>
</table>

1/2 day rates:
2 day: $87/112
3 day: $109/133
4 day: $137/161
5 day: $155/175

Circle week:
M M M M M M M M M

Circle days:
Th Th Th Th Th Th Th Th

Y Staff- Mark (x) if Deposit Paid

BEFORE CARE (Located at Y in Danvers, starts at 7:30am)

<table>
<thead>
<tr>
<th>Weeks</th>
<th>1</th>
<th>2</th>
<th>3</th>
<th>4</th>
<th>5</th>
<th>6</th>
<th>7</th>
<th>8</th>
</tr>
</thead>
<tbody>
<tr>
<td>M</td>
<td>M</td>
<td>M</td>
<td>M</td>
<td>M</td>
<td>M</td>
<td>M</td>
<td>M</td>
<td>M</td>
</tr>
</tbody>
</table>

Check off week and circle days:

<table>
<thead>
<tr>
<th>Weeks</th>
<th>1</th>
<th>2</th>
<th>3</th>
<th>4</th>
<th>5</th>
<th>6</th>
<th>7</th>
<th>8</th>
</tr>
</thead>
<tbody>
<tr>
<td>T</td>
<td>T</td>
<td>T</td>
<td>T</td>
<td>T</td>
<td>T</td>
<td>T</td>
<td>T</td>
<td>T</td>
</tr>
</tbody>
</table>

AFTER CARE (located at Y in Danvers, pick-up no later than 6:00pm)

<table>
<thead>
<tr>
<th>Weeks</th>
<th>1</th>
<th>2</th>
<th>3</th>
<th>4</th>
<th>5</th>
<th>6</th>
<th>7</th>
<th>8</th>
</tr>
</thead>
<tbody>
<tr>
<td>M</td>
<td>M</td>
<td>M</td>
<td>M</td>
<td>M</td>
<td>M</td>
<td>M</td>
<td>M</td>
<td>M</td>
</tr>
</tbody>
</table>

Check off week and circle days:

<table>
<thead>
<tr>
<th>Weeks</th>
<th>1</th>
<th>2</th>
<th>3</th>
<th>4</th>
<th>5</th>
<th>6</th>
<th>7</th>
<th>8</th>
</tr>
</thead>
<tbody>
<tr>
<td>T</td>
<td>T</td>
<td>T</td>
<td>T</td>
<td>T</td>
<td>T</td>
<td>T</td>
<td>T</td>
<td>T</td>
</tr>
</tbody>
</table>

Payment: $25 deposit per week.
Check or CC. Please complete all paperwork then call or come in to pay at the Y.

SPECIAL for full weeks *Full price first 2 weeks, each additional 5-day week receives $10 discount per child.
* MUST PROVIDE CURRENT PHYSICAL AND IMMUNIZATIONS *

Campers Name: ___________________________ Age: ___________

Parent/Guardian Name: _____________________ Cell: ___________

Child Pick Up Permission/Emergency Contact

Name: __________________ Phone: __________

Name: __________________ Phone: __________

Name: __________________ Phone: __________

*Parents are allowed to pick up unless noted otherwise*

*Anytime a child is to be picked up early from camp, please call or email the camp director. Unless the note specifies another person, the camper will only be released to someone on the pick-up list. All adults wishing to pick up campers must be ready to show their identification to a staff member. Campers will not be released from camp without proper identification.

Stiles Pond Day Camp Director: msvedsen@danversymca.org
Adventure Camp Director: jpauleine@danversymca.org

DANVERS YMCA
978-774-2055
www.danversymca.org

Not Allowed to Pick Up Child

Name: __________________

Name: __________________

Name: __________________

(Proper paperwork required)

SUNSCREEN WAIVER - The Danvers YMCA strongly recommends that you put sunscreen on your child(ren) before they arrive at camp. The staff are scheduled to be sure the children in their groups re-apply the sunscreen between noon and 12:30.

I give permission to the Danvers YMCA to allow my child(ren) to apply sunscreen provided by the Danvers YMCA as a topical if needed. I also agree that my child is not allergic to the sunscreen provided (Banana Boat SPF 15-50).

Please Check: YES ___ NO ___ Parent Signature _______________

MEDICAL INFORMATION - Your child must have current immunizations for smallpox, tetanus, diphtheria, whooping cough, hepatitis B, polio, measles and chicken pox. If you do not immunize your child for any reason, you must sign the back of the immunization form stating that you do not immunize your child. Your child will not be allowed into camp without immunization records on file. Please attach the medical form with the physicians signature.

Emergency Authorization - I understand that every effort will be made to contact me in the event of an emergency requiring medical attention for my child. However, if I cannot be reached, I hereby authorize the Danvers Community YMCA to transport my child to the nearest hospital and to secure for my child the necessary treatment. I understand that I am trained in the basics of the First Aid/CPR and I authorize them to give my child First Aid/CPR when appropriate.

*Is there any reason for prohibiting your child from regular physical activity: ______________

*If YES, for what reason? ______________

*Does your child have allergies? ________ If YES, Please explain? ______________

*Parents are obligated to notify us if your child is exposed to a contagious disease from two weeks before and during the camp period.

I have read the above:

Parent Signature: __________________ Date: ___________

HEALTH INFORMATION: I understand that I must provide a copy of my child’s latest physical (dated no more than 24 months prior) and Immunization Record to camp PRIOR to my child attending. I further understand that I will be given a Parent Packet that will include other medical information that I will need to send in, PRIOR to my child’s 1st day of camp. I am aware that the Danvers Community YMCA does not provide Health or Accident Coverage and it is my responsibility to obtain Health & Accident coverage for my child.

I attest that all of the above information is correct and I understand my responsibilities.

Sign here: __________________ Date: ___________
The Y provides lessons for all ages from infants to seniors. Taught by experienced, knowledgeable instructors, Danvers Y swim lessons provide important life skills that could save a life and will benefit students for a lifetime.

Questions? Email Aquatics Director Colleen Difelice at: cdifelice@danversymca.org

ALL NEW PARTICIPANTS MUST BE EVALUATED BEFORE RegisterING

**Spring 5-wk Mini Session**
May 29-June 30
5 lessons (30 minutes)
Weekly classes Tuesdays-Saturdays
FEE:
- Parent/Child (6 mos.-2.9 yrs.) $45-member, $85-community
- Preschool (3-5.9 yrs.) $45-member, $85-community
- Youth (6-14 yrs.) $40-member, $80-community

**Summer Swim Lessons**
July 7-August 31
8 lessons (30 minutes)
Weekly classes Mondays-Saturdays
FEE:
- Parent/Child (6 mos.-2.9 yrs.) $60-member, $110-community
- Preschool (3-5.9 yrs.) $60-member, $110-community
- Youth (6-14 yrs.) $50-member, $100-community

**Lifeguarding & CPR/First Aid Classes**
Check availability—MUST MEET MIN. CLASS SIZE TO RUN. Call for employee training programs!

**Red Cross Lifeguard Certification.**
April 16-20 *Reg. closes March 21
(10:00am-3:00pm each day)
Upon successful completion receive ARC certification. For strong swimmers, 16+ includes training in CPR/First Aid/AED. Must pass swim test on first day to continue.
FEE: $300-member, $375-community

**Lifeguard Certification—May!**
May 21-25* (9:00am-4:00pm each day)
*Reg. closes May 7

**Red Cross Lifeguard Updated-Recertification**
**April Class:** April 7, 14, and 15*
(1:00pm-6:00pm, each day)
*Reg. closes March 21

**June Class:** June 12, 13, and 14*
(11:00am-4:00pm, each day)
*Reg. closes May 28
Abbreviated course includes review and practice of skills and knowledge before testing. Must have current American Red Cross certification to participate.
FEE: $150-member, $200-community

**Red Cross Adult-Child CPR/First Aid with AED**
June 19 & 21
(6:00pm-9:30pm each day)
*Reg. closes June 5
Learn skills to help adults and children during many emergency situations. Upon completion receive ARC certificate.
* Does not qualify for updating YMCA guard cert.
FEE: $50-member, $75-community

**Red Cross Adult-Child CPR with AED**
June 19 & 21
(6:00pm-9:30pm each day)
*Reg. closes June 5
Learn skills to help adults and children during many emergency situations. Upon completion receive ARC certificate.
* Does not qualify for updating YMCA guard cert.
FEE: $50-member, $75-community

**Red Cross Adult-Child CPR/First Aid with AED**
June 19 & 21
(6:00pm-9:30pm each day)
*Reg. closes June 5
Learn skills to help adults and children during many emergency situations. Upon completion receive ARC certificate.
* Does not qualify for updating YMCA guard cert.
FEE: $50-member, $75-community

**Red Cross Adult-Child CPR with AED**
June 19 & 21
(6:00pm-9:30pm each day)
*Reg. closes June 5
Learn skills to help adults and children during many emergency situations. Upon completion receive ARC certificate.
* Does not qualify for updating YMCA guard cert.
FEE: $50-member, $75-community

**Dolphins Spring Practice**
April 9-June 28 (12 weeks)
5:00pm-6:30pm, Monday thru Thursday
For current 2017-2018 team members only.
FEE:
- $265- 1 day a week
- $230– 2 days a week
- $315– 3 days a week
- $340– 4 days a week

**Spring Clinic**
April 10-May 17 (6 weeks, twice a week)
4:30pm-5:30pm, Tuesdays & Thursdays
Ages: 6-18
Designed to help those considering swim team and looking for ways to improve stroke development.
FEE:
- $100-members, $150-community

**Summer Clinic**
July 9-August 30 (8 weeks, 1-4 days each wk., Monday thru Thursday)
New Swimmers- 4:30pm-5:30pm
Current Dolphins- 5:00pm-6:30pm
Ages: 6-18
Great for swimmers who need stroke development, refinement, and endurance work.
FEE:
- $120-members, $160-community

The Danvers YMCA Dolfin program offers regular swim team practice and clinics for those who want to improve their strokes and endurance. A swim assessment will be given on the first day. Registration for clinics are open for enrollment any time throughout the spring and summer!

Any questions please call or email DYD@danversymca.org.
PRESCHOOL PROGRAM– Ages 3-5
“Learning can and should be fun” program that encourages children to explore, learn, and grow. We have two wonderful, highly experienced teachers who run our EEC licensed program. They provide a welcoming and engaging environment that prepares your children for future school experiences.

3 year olds (by Sept.3): T/TH program
4-5 year olds: M/W/F program

Hours: 9:00 AM-12:00 Noon.

Questions: Mrs. Cleary, Pre-school Director, or Joe Pauline, Youth & Family Director
(978) 774-2055

REGISTRATION OPEN!
Stop by for a tour during Healthy Kids Day– April 21

WELLNESS FOR ALL – A MEMBERSHIP AT THE Y IS SO MUCH MORE!
More than 50 classes as well as individualized fitness programs including:

- AQUATIC FITNESS
- BARRE
- BODY SCULPT
- BOOT CAMP
- CARDIO COMBO
- KICKBOXING
- PILATES

- SPINNING
- STEP AEROBICS
- TRX
- YOGA
- ZUMBA
- PERSONAL & SMALL GROUP TRAINING!

Cardio & Strength Training Center
- 55 exercise machines
- Full circuit CYBEX equipment
- Free-weight room
- Stretching/Personal Training Room

THE PLACE TO BE AFTER SCHOOL
Enrollment Now Open for 2018/2019 School Year
Open most no-school days and early release too.

Contact: Youth & Family Director Joe Pauline, jpauline@danversymca.org, 978-774-2055, ext.15

GRADE: K-8
HOURS: After-school to 6pm
OPTIONS: 1-5 days per wk.
(early release days included)

CALL FOR BUS SCHEDULE

Enrollment Now Open for 2018/2019 School Year
Open most no-school days and early release too.

Contact: Youth & Family Director Joe Pauline, jpauline@danversymca.org, 978-774-2055, ext.15

REGISTRATION OPEN!
Stop by for a tour during Healthy Kids Day– April 21
COMMUNITY CALENDAR AND SPECIAL EVENTS

SUMMER BREAK
MEMBERSHIP
FOR COLLEGE STUDENTS

INCLUDES:
- UNLIMITED GROUP EXERCISE CLASSES: SPIN, TRX, YOGA, PILATES & MORE!
- STRENGTH & CARDIO EQUIPMENT, AND WEIGHT ROOM
- RACQUETBALL COURT
- OPEN LAP SWIM
- OPEN BASKETBALL HOURS

$85* for membership
5/14/18 through 9/2/18
- Must show valid college ID at time of purchase;
- Valid for ages 18-22.

* Note that a Family Membership includes full-time students. Call for more details, 978-774-2055.

FOR A HEALTHY COMMUNITY
AT ANY AGE!

HEALTHY KIDS DAY—FREE!
4/21
Saturday, April 21 (12:30-3:30)
Family Fun Run at 12:30!
Don’t miss vacation fun at the Y with a day of fitness and science activities, health fair and family fun!

ACTIVE OLDER ADULTS DAY &
HEALTH FAIR—FREE!
6/6
Wednesday, June 6 (10:30-1:30)
Lunch at 12:15
Bring your friends for a day of activities, health fair and a potluck lunch! Water fitness, balance testing, skin screening, BP testing, a variety of information from local business and community organizations.

Y–FAMILY FUN NIGHT—FREE!
6/15
Friday, June 15 (5:30–7:30pm)
Danvers YMCA, 34 Pickering
Bring a picnic and enjoy a night of fun activities at the Danvers Y to kick off summer. Night winds down with a movie and popcorn!

STILES POND SUMMER LAUNCH
NIGHT—FREE!
6/22
Friday, June 22 (5:30–8:30pm)
4A Stiles Pond Road, Boxford
Bring a picnic and enjoy a night of fun activities at the Danvers Y Stiles Pond Day Camp in Boxford. Night winds down with a bonfire and s’mores!

WEDNESDAY PICNIC ON THE POND
NIGHTS AT STILES!

Bring a picnic and enjoy a fun night at our camp on Stiles Pond—Boating, paddle-boarding, games, archery, music, swimming and s’mores!

Dates: July 18, August 1 & 15
Time: 4:30pm to 8pm
Cost: $5 pp/$20 per car

PLAY A ROUND
FOR A CAUSE

MSB MEMORIAL GOLF
TOURNAMENT
Saturday, September 8, 2018
Apple Hill Golf Club – 12:30 shotgun start
Route 107, East Kingston, NH

Every child should enjoy a summer camp experience. Tee it up with the Danvers YMCA to support local camperships. Register online at danversymca.org.

5K TRAIL & 1M FAMILY FUN
Saturday, Sept. 22 — 9:30am
Stiles Pond, Boxford
Cost: 5K—$25/$30 after Sep. 1
Kids 10 and under Free
Reg. by May 1 and 10% will be donated to your cause of choice— see online for details.

RUN ALONG BEAUTIFUL WILDCAT TRAIL IN BOXFORD
START/FINISH AT DANVERS YMCA STILES POND CAMP.
TECH-T, RAFFLE, PRIZES, FOOD & TRAIL-GATING FUN!
Our members have some great stories that illustrate the value of Y membership. Many members attest that YMCA brings them closer to their families, friends, and communities. It’s where people of all ages and fitness levels come together to work as a team, share in the fun of competition, and help one another grow. Join us as we work together to nurture youth, support healthy living and foster social responsibility.

REVIEWS

COMMUNITY

Isa P. - Member Since 2010

The Y has always been a great place to work out. Now I’m working out here too because it’s a place that inspires me. I feel connected and working out next to me.

DEVELOPMENT

Steve M. - Member Since 2010

Awkward, heavy, not feeling confident but started going to Middle School drop-in nights to just have fun. It was so much fun at the Y and I improved and in High School made varsity and won the State Championship. Now I hope to inspire others working part-time at the Y after-school and camp.

INSPRING

Patti M. - Member since 1988

I came to the Y when I was told I needed to pass a fitness test to visit Antarctica. A gym was part of the support at the Y, and I went on that trip. I’ve stayed a member for the inspiring women who have pushed me to do more.

DANVERS COMMUNITY YMCA
34 Pickering Street
Danvers, MA 01923
(978) 774-2055
www.danversymca.org