We are molding futures with your help!

Thank you for joining us in our mission to help community!

Thank you for generously supporting Community Health & Camperships.

REACH FOR THE STARS
Benefit Dinner & Dance
A night to inspire and make a difference for community

THANK YOU!
FOR GENEROUSLY SUPPORTING COMMUNITY HEALTH & CAMPERSHIPS

DANVERS COMMUNITY YMCA
Saturday, February 1st, 2020
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It’s thanks to the generosity of local partners and friends of the Danvers YMCA that allow us to help so many in our community.

DANVERS Community YMCA www.danversymca.org
A note from our Board President:

It is with my sincerest appreciation that I welcome each and every one of you to our 17th Annual Winter Dance here at the Danvers Community YMCA. Through your attendance and financial support you are making it possible for our “Y” to assist both individuals and families in need with access to memberships, childcare, summer camps, swimming, youth sports and the many other activities that the Y offers. Your generosity makes this all a reality. As a non-profit 501c3 organization we work every day to strengthen the communities of Danvers, Boxford, Middleton and Topsfield, through Youth Development, Healthy Living and Social Responsibility.

I would also like to acknowledge and thank the many individuals and businesses that have made either a financial or in kind contribution to this event. A special thank you goes to Bill Lee and his family for underwriting the wine service this evening. A full list of tonight’s contributors and sponsors are in this program so please take note and consider if you have the need for any of the services they provide.

Our evening would not be possible without the assistance of our dedicated staff and volunteers, who worked tirelessly to ensure that this event is a great success. This same committed team work every day, serving our members and to everyone that we provide services.

February is Heart Health Month. Dancing is a great way to exercise that heart, so get out on the dance floor tonight and enjoy the evening!

On behalf of the staff, volunteers and Board of Directors, I thank you for your support of the YMCA.

Sincerely,

Michael Grandmaison
President
YMCA Board of Directors
Supporting the YMCA & Community

In partnership with The Parkinson’s Fitness Organization and the Danvers YMCA
FREE PROGRAM FOR SENIORS

PARKINSON’S FIT CLASS
ABILITY-BASED EXERCISE, BALANCE & MOVEMENT CLASS

Instructor Dianna Daly leads class in a series of seated and standing exercises–sometimes using props. A variety of music adds to the fun.
- Promotes strength, flexibility and balance
- Learn vocal and facial exercises
- Improves agility and mobility

TIME: 1:00 - 2:00 PM
MONDAYS: DANVERS
Danvers YMCA
34 Pickering St.

Open to the North Shore Community, partners are welcome to attend and join in!

Questions? Call the Danvers Y, 978-774-2055  www.danversymca.org

The Danvers YMCA Parkinson’s Fitness Program on Mondays
Generously funded by our community partner:
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Contact Suzanne Malach for more information!
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Located on Stiles Pond in Boxford, the Danvers Y Stiles Pond Day Camp offers a relaxed atmosphere on 17 acres, that includes bathrooms, air-conditioned activity and meeting spaces, and multiple activity/sports areas.
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Dates may be booked up to one year out

Contact Suzanne Malach for more information!
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Your DANVERS COMMUNITY YMCA...

Serves all faiths, incomes, ages and abilities. We are one of 2,686 independent YMCAs nationwide that serve 21 million people, half of whom are under the age of 18, in diverse communities. More than 12,000 YMCAs work in more than 120 countries—serving 30 million people around the world. YMCAs bring together young and old, men and women, providing programs and services that incorporate the YMCA core values of caring, honesty, respect and responsibility.

We proudly celebrate more than 60 years of commitment to our community. Serving families from Boston’s Northshore to southern NH, more than 5,450 people participated in a program at the Danvers Y last year. We employed over 140 Adults, College and High School Students as childcare staff, instructors, camp counselors, coaches, trainers, program directors and managers.

During the Summer Season our Y offers many camps for youth ages 4 to 14, as well as specialty camps for teens. Well over 250 children take part in these programs each day, at our Stiles Pond Day Camp in Boxford and Adventure Camp at the Danvers YMCA site. Through the Y’s Annual Fund our Financial Aid Program makes it possible for many well deserving people to take part in the YMCA experience. Our Y is doing its best to see that no child is left behind because of their inability to pay.

Building strong kids, strong families and a stronger community is what we do best. Your support tonight and throughout the year is making all of this possible.

Thank you for joining us this evening!
CALENDAR OF EVENTS
For more information on all Danvers YMCA events and programs go to danversymca.org

GIVE...A...TRI!
ANNUAL INDOOR TRIATHLON
Sunday, March 15
30-minute bike; 25-minute run/walk; 10 minute swim

PLAY-A-ROUND MEMORIAL MSB GOLF TOURNAMENT
September 12 (Sat.)
12:30– Shotqun Start
Apple Hill Golf Club, Kingston NH BBQ afterwards; great prizes/contests, raffles
Tee it up with us at a wonderful course just over the NH Border. Beautiful views with some fun challenging holes, all for a great cause!

ACTIVE OLDER ADULTS DAY & HEALTH FAIR
Wednesday, June 3 • 11 to 1:30 • Buffet Lunch

WILDCAT 5K TRAIL RUN-WALK-WAG & Wildkitten 1K (fun run), Boxford
November 1 (Sun.)
10am 5K Start, 9am Fun Run
Awards/food/prizes/vendors
Join us for this beautiful trail run from the Y’s Stiles Pond Camp that winds through Boxford’s Wildcat trails and ends back at the camp. Finish with a fall celebration with free food and cider donuts! Vendor hand-outs too!