Can the student swim front crawl, back crawl, and breaststroke for 50 yards, and tread water for 2 minutes?

Can the student respond to verbal cues and jump on land as well as hold onto wall unassisted?

Is the student comfortable working with an instructor without a parent in the water?

Will the student go underwater voluntarily?

Can the student do a front and back float on their own without a bubble?

Can the student swim 10–15 yards on their front and back?

Can the student swim 15 yards of front and back crawl with rotary breathing?

Can the student swim front crawl, back crawl, and breaststroke for 50 yards, and tread water for 2 minutes?

Can the student swim front crawl, back crawl, and breaststroke for a total of 150 yards with flip turns?

3 AND UNDER W/PARENT

Can the student respond to verbal cues and jump on land as well as hold onto wall unassisted?

Is the student comfortable working with an instructor without a parent in the water?

3 AND OLDER

Will the student go underwater voluntarily?

Can the student swim 10–15 yards on their front and back?

Can the student swim 15 yards of front and back crawl with rotary breathing?

Can the student swim front crawl, back crawl, and breaststroke for 50 yards, and tread water for 2 minutes?

Can the student swim front crawl, back crawl, and breaststroke for a total of 150 yards with flip turns?

*At the Y, we know families take a variety of forms. As a result, we define parent broadly to include all adults with primary responsibility for raising children, including biological parents, adoptive parents, guardians, stepparents, grandparents, or any other type of parenting relationship.

All swim lesson participants need to be evaluated by aquatics director prior to enrollment. If your child has been taking swim lessons at the Danvers Y but you took a break, please confirm level prior to registration if you feel your child may have improved since last lesson session.

Contact: Aquatics Director Colleen DiFelice, cdifelice@danversymca.org or call 978-774-2055.